



/MasterChangTKD

# Master CHANG'S MARTIAL ARTS

Cary  
(919) 858-0333

2016 Kildaire Farm Road

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
4:45-5:15p	TIGER TOTS Age 3-5		4:45-5:30p White & Yellow Belt	TIGER TOTS Age 3-5	4:30-5:15p All Belt	White & Yellow Green Belt	10:00AM
5:15-6:00p	White & Yellow Belt	Green & Blue Belt	5:30-6:00p TIGER TOTS Age 3-5	Forms class Green Belt & UP	SPARRING Yellow Stripe & Blue Stripe		TIGER TOTS Age 3-5
6:00-6:45p	Forms class Green Belt & UP	White & Yellow Belt	Weapons Self Defense *BBP & MP* ONLY	White & Yellow Belt	Board Breaking ALL Belt	Advanced Kicking / Form / Sparring Leadership *BBP & MP ONLY*	11:15AM
6:45-7:30p	Master's Sword Training *MP ONLY*	DEMO TEAM By invitation *ONLY*	Green & Blue Red Belt	Blue Belt & up	SPARRING Blue Belt & UP		11:15 AM
7:30-8:15p	Adult/ teen Class All Belt	Red & Black Belt	Adult/ teen Class All Belt	Adult/ teen Class All Belt	*PARENT DATE NIGHT 7:30PM-11:00PM	DEMO TEAM By invitation *ONLY*	12:00 PM
							12:15PM
							1:00PM
						Birthday Parties	1:30-3:00p

### Important Information:

- \*We will be closed when Public School is closed due to inclement weather
- \*Please make appointments for Birthday Parties, Private Lessons, and Introductory Lessons
- \*Please notify the office if you will not attend class for a week or more
- \*Students are ready to test for the next belt upon earning all stripes associated with current belt level. Stripe system is posted near the office. Classes are not held on testing or ceremony days.
- \*During Sparring Class and Sparring Testing, protective gear is mandatory for safety!

[www.MasterChangTKD.com](http://www.MasterChangTKD.com)



### Bring A Friend to Friday Class !!!

Students are encouraged to bring a Chingoo, or friend in Korean, to class on Fridays! This is a great way for students to show off their key-hap, breaking techniques, and much more while attending with friends and family...

2 Dollar fee for boards for Board Breaking Class